



The **Ultima 3t Analog TENS device** comes with pair of lead wires, 1 four pack of electrodes, 4 x AAA batteries, instruction manual, belt clip and carrying case.

The **Ultima 3t TENS machine** is a dual channel device with three modes of operation (B, N, and M). Its pulse width and pulse frequency are adjustable. It is also equipped with a 30, 60, 90 minute timer, and has a protective cover over the controls.

Break the Cycle of Pain!

TENS Units can help back and neck pain that may be caused by trauma or continual strain. The body responds to such pain with muscle guarding, an attempt to immobilize the painful area by tightening the muscles. Muscle guarding impairs circulation in the affected area. The decrease in blood supply leads to a decrease in metabolism with an accumulation of waste products. TENS therapy (transcutaneous electric nerve stimulator) can help break this pain cycle and aid in the normal healing process.



Midwest Bone & Joint Center

"The Center for Sports Medicine, Orthopedics and Rehabilitation"

D. Christopher Main, DO
Board-Certified Orthopedic Surgeon



Ultima 3t Tens Unit



Common Uses

Some examples of common surgeries that are known to benefit from the use of a CPM include:

ANY type of Orthopedic Surgery

Knee Pain

Shoulder Pain

Back Pain

Muscle Spasms

Benefits of Use

- ◆ Pain Relief
- ◆ Reduction in loss of work time due to pain
- ◆ Quicker Recovery
- ◆ Can significantly reduce the use of pain medication.

Tens Unit

The TENS (Transcutaneous Electric Nerve Stimulation) unit helps to provide pain control by disrupting the “gait” mechanism in the body. This disruption helps to relieve both pre and post-operative pain.

Use of a Tens Unit is not dangerous, does not have side effects, nor will it hurt or create pain. It is a safe, effective method of pain management.

Contact Us

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