

**Get Game Ready — and
come back like the pros.**



Midwest Bone & Joint Center

"The Center for Sports Medicine, Orthopedics and Rehabilitation"

D. Christopher Main, DO

Board-Certified Orthopedic Surgeon

WHO USES GAME READY?

Game Ready® is the injury treatment system of choice for thousands of prominent orthopedic clinics, athletic training and physical therapy centers, military operational forces, international sports federations, university and high school athletic programs, and athletes and teams in nearly every professional sport – including the NFL, NBA, MLB, MLS, and NHL.

“My use of the Game Ready unit helped me greatly to sustain my leg strength and durability after my career-threatening injury.”

Jerry Rice
NFL Hall-of-Famer



GAME  READY®



Game Ready

The Game Ready unit utilizes a combination of cold and compression that can be applied both pre and post-operatively. When intermittent compression is applied at the same time as cryotherapy, the cold is allowed to penetrate deeper and last longer, thus creating a greater therapeutic benefit for the patient.

Common Uses

Some examples of common surgeries that are known to benefit from intermittent pneumatic cryo-compression include:

ANY Orthopedic Surgery

ACL & Meniscus Tears

Joint Replacement

Rotator Cuff Repair

Elbow Surgery

Ankle Reconstruction

Hand & Wrist Fractures

Benefits of Use

- ◆ The **first week** following surgery is when the body's inflammatory response is the greatest, which means patients will experience pain, redness, swelling and possibly edema.
- ◆ Immediately after suffering a musculoskeletal injury or surgery, the body initiates a series of physiological responses to defend surrounding tissues and begins to repair the damage. While inflammation is a natural and necessary mechanism in this process, controlling it effectively can actually allow the body to enter the later stages of healing faster.
- ◆ The cold-compression also provides an analgesic effect that can help reduce pain and discomfort following a procedure.

Contact Us

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Visit us on the web:

www.midwestboneandjoint.com