



Flex-Mate K500 Anatomical Knee CPM

The Flex-Mate K500 is an anatomical Knee Continuous Passive Motion (CPM) device that provides a full range of motion (ROM) of minus (-10°) in extension to (120°) of flexion. At only 26 pounds, the Flex-Mate K500 is a lightweight CPM device that is portable and ideal for both home and hospital use. The easy-to-use controls located on the handheld pendant allow the user to start or stop the unit, as well as, adjust for flexion, extension, speed, and pause settings. The Flex-Mate K500 accommodates a wide range of patient sizes due to its ability to be easily converted for both adult and pediatric applications with no additional accessories required.

## WHO USES FLEX-MATE?

The **Flex-Mate® K500** Anatomical Knee CPM device has helped countless patients rehabilitate their knees following surgery.



## Midwest Bone & Joint Center

*"The Center for Sports Medicine, Orthopedics and Rehabilitation"*

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Board-Certified Orthopedic Surgeon



# FLEX-MATE

## K500



## Common Uses

Some examples of common surgeries that are known to benefit from the use of a CPM include:

Knee Replacement

Meniscus Repair

ACL Reconstruction

Lateral Releases

Manipulation

## Benefits of Use

- ◆ Provides full extension and flexion of the knee
- ◆ Speeds healing by allowing the joint to bend, however, does not pull on the incision site
- ◆ Helps prevent post-operative complications
- ◆ Helps to prevent knee contracture (lack of range of motion)

## FLEX-MATE CPM

The knee CPM is a device that is used immediately following a procedure, allowing the patient's limb to remain passive. The patient's leg is able to fully extend and flex while reducing pain and inflammation.

**Continuous passive motion (CPM) devices are used during the first phase of rehabilitation following a soft tissue surgical procedure or trauma.**

### Contact Us

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